

## DIRECTIONS FOR USE

### EDGEFILE®X5 Heat Treated Fire-Wire™

#### Intended Use

Endodontic files and reamers are single use surgical instruments used for performing root canal treatment to mechanically shape and prepare the root canals during endodontic therapy or to remove the root canal obturating material when performing retreatment. The device is intended to be used sterile and single use only.

#### Intended Users

The device is designed to be used by a Dental or Endodontic specialist trained in endodontic techniques. No additional training is required for the safe use of the device by the treating physician.

#### Intended Patient Population

Adolescent to adult population. People with permanent teeth in need of endodontic pulpectomy.

#### COMPOSITION

The instrument is made of a nickel-titanium blade, handle, the stop, and the color-coded band.

#### Contraindications

- Mechanically driven endodontic instruments should not be used in cases with very severe and sudden curvatures.
- This product contains nickel and should not be used for individuals with known allergic sensitivity to this metal.

#### Warnings

- Endodontic files are for single use only, in order to avoid file separation.
- The product has not been designed or tested for reuse. The ability to effectively clean and re-sterilize this single use device and subsequent reuse may adversely affect the clinical performance, safety and/or sterility of the device.
- Endodontic files are sharp, and caution should be used if touching the blade directly.
- After use, this product may be a potential biohazard. Handle and dispose of in accordance with accepted medical practice and applicable local, state, and federal laws and regulations.
- The endodontic files must be sterilized before patient use.

#### Precautions for Use

As with all products, use carefully until you become proficient with use. Always determine working length using radiographs and/or apex locator to properly use endodontic files. Important points to remember:

1. A rubber dam system should be used.
2. Use only in an electric motor and hand piece designed for endodontic (rotary/reciprocating) files.
3. Straight-line access is imperative for proper file use and endodontic treatment.
4. Do not force the files down canals, use minimal apical pressure.
5. Clean the flutes frequently and at least after removing the files from the canal.
6. Irrigate and lubricate the canal frequently throughout the procedure.

7. Take each file to length only one time and for no more than one second.
8. In apical areas and curved canals exercise caution.
9. Once file is used do not reuse. If file is reused and used on a different patient infection can be introduced. Performance of the file can also be reduced.
10. When instrumenting the canal, do not over enlarge the coronal portion of the canal.
11. Too large a file taken to length increases the risk of canal transportation and file separation.
12. Do not exceed the handpiece recommended maximum torque or speed. Exceeding settings may cause the device to fail.
13. Endodontic files undergo our proprietary Annealed Heat Treatment (AHT) forming our branded Fire-Wire™ NiTi which increases cyclic fatigue resistance and torque strength. With this proprietary processing, the files may be slightly curved. This is not a manufacturing defect. While the file can be easily straightened with your fingers, it is not necessary as once they are inside the canal, endodontic files will follow and conform to the natural canal anatomy and curvatures.

#### Adverse Reactions

- Device fracture/breakage
- Complications usually associated with endodontic procedures including:
  - Pain
  - Instrument fracture/breakage
  - Soft tissue damage/bleeding

#### Safe Unwinding

- As a safety feature the files are designed to unwind. They may be used until the files unwind backwards.

## INSTRUCTIONS FOR USE

#### Sterilisation

- Files are single use only and not meant for reprocessing.
- Autoclaving should be performed immediately before use.
- Place the instruments unwrapped in an autoclave tray.
- Use fresh distilled or deionized water.
- Insert in a steam gravity cycle autoclave at 134°C-137°C with a max temp of 140°C for a minimum 3 minutes.
- Aseptic transport to the point of use should follow autoclaving.
- Storage of the sterilized device is not recommended.

#### Straight-Line Access

- Create a glide path and determine the working length prior to **EDGEFILE®X5** file use by negotiating all root canals to their terminus with stainless steel #10 and #15 hand files and a lubricant.
- Establish patency by taking a #10 K-File 1mm past the canal terminus, and at least a #15 K-File to the terminus

#### EDGEFILE®X5 20 Series Shaping and Cleaning

For all canals no matter the canal size, start with a 20/06 Rotary File. Between each rotary file recapitulate with a #10 or #15 tip hand file to maintain glide path and help lubricant to the canal terminus. Take the 20/06 to resistance or working length (whichever occurs first). If resistance is met before reaching the

DFU-EFX5-EU Rev B 05/23

working length then go to a 20/04. Take the 20/04 to resistance or working length (whichever occurs first). If resistance is met before reaching the working length then repeat going from the 20/06 to 20/04 until one of them goes to the working length. If the file that goes to length first contains debris on the last flute, then the canal is a size 20 tip and can be obturated to that corresponding tip and taper with a **EDGEFILE®X5** thermal carrier or gutta percha, see Obturation of Canal Systems. If the file did not contain debris on the last flute and was the 20(04), then finish shaping the canal with the 20 Series with lubricant by using the 20(06) then 20(04) until the 20(06) reaches the Working Length, then go to the 30 Series.

#### **EDGEFILE®X5 30 & 40 Series Shaping and Cleaning**

Take a 30/06 to resistance or working length (whichever occurs first). If resistance is met before reaching the working length, then go to a 30/04. Take the 30/04 to resistance or working length (whichever occurs first). If resistance is met before reaching the working length, then repeat going from the 30/06 to 30/04 until one of them goes to the working length. If that file contains debris on the last flute, then the canal is a size 30 tip and can be obturated to that corresponding tip and taper with a **EdgeFile®X5** thermal carrier or gutta percha, see Obturation of Canal Systems. If the file does not contain debris on the last flute, then the canal is larger than a size 30 tip and a **EdgeFile®X5** Series 40 tip size is needed. Take the **EdgeFile®X5** Series 40 and alternate between the 40/06 and 40/04 until one of them is to length and then obturate.

#### **Motor Settings**

The **EDGEFILE®X5** can be used in a clockwise reciprocating motor but not in the WaveOne reciprocating motor, using the WaveOne setting, which moves in the counterclockwise direction. The **EDGEFILE® X1** is designed specifically for use in only the WaveOne reciprocating motor and setting.

Use the same hand piece with the same speed and torque settings you are currently using with your rotary system. Or if you wish, you can use, for all **EdgeFile®X5** rotary files, the following speed and torque settings for all files.

- Speed: 300-500 RPM
- Torque: 2.94 N-cm/300 g-cm

#### **Disinfecting**

- After each canal is fully shaped, rinse the canals for 1 minute with 17% Liquid EDTA to remove the canal Smear Layer.
- Rinse the canals for 5 minutes with 5% NaOCl to remove debris and bacteria.
- Rinse the canals for 1 minute with 17% Liquid EDTA to rinse out the 5% NaOCl.
- Rinse the canals for 5 minutes with 2% chlorohexidine or EDTA to kill bacteria.

#### **Obturation of Canal Systems**

- When using thermal carrier system use size verifiers to determine the proper sized carrier.
- When using a master gutta percha cone that matches the largest file taken to length, remember sometimes you may

need to drop down in cone tip size if the corresponding gutta percha to your final rotary file does not go to length.
















#### **Disposal**

- Recommended file disposal: Place used files in Biohazard Sharps container.

#### **Reporting of Incidents to manufacturer and competent authorities**

- In case any patient/user faces a serious incident, the entirety of the incident will be reported to the following:
  - The manufacturer of the device: US ENDODONTICS
  - The competent authority of the country where the user/patient resides

#### **Symbol Table**

Symbol	Meaning (Standard, if Applicable)
	Manufacturer: Indicates the medical device manufacturer (ISO 15223-1)
	Authorized Representative: Indicates the AR in the EU
	Importer: Indicates the entity importing the medical device into the locale (ISO 15223-1)
	Conformité Européene. EU mandatory conformity marking.
	Translation: Indicates that the original information has been translated and replaced (ISO 15223-1)
	Medical Device: Indicates the item is a medical device (ISO 15223-1)
	Catalogue number: indicates the Medical Device SKU (ISO 15223-1)
	Batch Code: Manufacturer's batch code so batch or lot can be identified (ISO 15223-1)
	Do not reuse: Indicates a medical device that is intended for one single use only (ISO 15223-1)
	Non-Sterile: medical device that has not been subjected to a sterilization process (ISO 15223-1)
	Consult IFU: consult the Instructions For Use, and eIFU website listed (ISO 15223-1)
	Caution is necessary when operating device. Align cautions (ISO 15223-1)
	Unique Device Identifier: Indicates a carrier that contains UDI information (ISO 15223-1)
	Date and Country of Manufacture: To identify the country of manufacture of products next to date of manufacture (ISO 15223-1)
	Prescription Use Only: Caution: Federal law restricts this device to sale by or on the order of a dentist (21CFR 801.109)